



Emotional Regulation: Guiding Children to Build Connections

Distance Learning - Interactive Self-Study Webinar • Offers 3 Contact Hours
Free to All Theraplay Family of Companies Employees

\$30 for Theraplay Family of Companies Contractors • \$89 for Community Therapists
10% Discount for AOTA Members

Self-Study available August 10, 2022

Link to register: https://zoom.us/webinar/register/WN_elVhSvQVRpa-OITmxEOa9A

Course Description:

Emotions are an integral part of the lived experience and are essential for children to build intimate and close connections with themselves and others around them. We are here to build these connections and to feel fully seen, heard and understood in regards to our needs and with the emotions we experience. Furthermore, children being able to explore strategies to regulate their own emotions and bodies will assist in building stronger connections with themselves and others. This workshop will explore the adult-child interaction within the therapeutic process and the differences between emotional connection/disconnection within relationships. Participants will learn how to improve their emotional connection with children, specific language examples to use, and additional guidance for adults for when a child is moving through emotions. In addition, this workshop will highlight definitions and examples for emotions in both an adult and kid friendly format with specific strategies that children can utilize when moving through emotions that are being felt to meet their universal needs.

Learning Objectives:

- Participants will classify the different stages in social and emotional development for children from birth to adulthood.
- Participants will explain the difference between a connected and disconnected relationship with an adult/child relationship.
- Participants will be able to analyze a variety of emotions to establish core needs of a child.
- Participants will demonstrate application of effective language and communication skills when children are transitioning through emotion states.
- Participants will explain 2 regulatory strategies to effectively support children as they transition through emotional states.

Course Outline:

Stages of Social and Emotional Development: 15 minutes

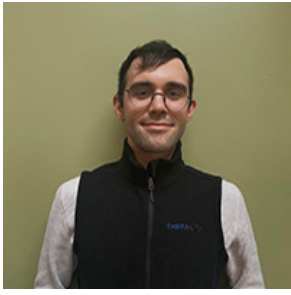
Connected and Disconnected Relationships: 30 minutes

Emotions and Core Needs: 45 minutes

Application of Effective Language and Communication Skills: 45 minutes

Regulatory Strategies to Support Children: 45 minutes

Presenter:



John (JJ) Mejasic
MS, OTR/L

JJ has been a pediatric occupational therapist for 7 years, working in a variety of different settings. During this time, they have worked in school/contract services, a non-profit, and private practice and outpatient settings. JJ has furthered their continuing education in sensory processing and how this impacts children's modulation states, self-regulation, and discrimination processing. Over the past several years, JJ has taken a special interest in the topic of emotions and how they influence our connections with ourselves and others. They have done extensive research on the topics of emotions, non-violent communication, and conflict resolution.

Presenter Disclosure Statements:

Relevant Financial Relationships:

JJ Mejasic is an employee of Theraplay, Inc. They will reference their place of employment and case studies while adhering to HIPAA regulations in the presentation.

Relevant Non-Financial Relationships:

JJ Mejasic has no non-financial relationships to disclose.

Privacy Policy:

Any and all personal information regarding each attendee will not be disclosed. Summaries of continuing education information will be sent to the individual, upon their written request.

ADA:

If you require ADA accommodations please contact Sandra L. Wilde-Sutton OTR/L, Senior Educational Coordinator, ssutton@theraplayinc.com, at least two weeks prior to the workshop date so arrangements can be made.

Cancellation Policy/Refund Policy:

In the event that a course is canceled or rescheduled by the Theraplay Family of Companies, all registrants will be entitled to a full refund. If a participant cancels within 30 days of a course, the participant will be entitled to a refund, minus a \$25.00 registration fee. If the cancellation is made less than 30 days to the course date, the participant will be entitled to a credit to a future course for the full amount of the course.

Complaint Policy:

If a participant is not satisfied with a course, the participant can issue a complaint to Sandra L. Wilde-Sutton OTR/L, Senior Educational Coordinator, ssutton@theraplayinc.com and consideration will be made regarding a refund or credit.



American
Occupational Therapy
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Approved Provider

The Theraplay Family of Companies is an AOTA Approved Provider of professional development. PD activity approval # 0000004459. This Distance Learning-Interactive is offered at 0.3 CEUs, Intermediate level, Occupational Therapy Service Delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Course completion is dependent on full attendance of three hours, post-test with 80% pass rate and survey completion.



Theraplay Family of Companies
Intermediate Level
0.3 ASHA CEUs

There are no program prerequisites. Course completion is dependent on full attendance of three hours, survey and post-test completion with 80% pass rate.

PT

This program is offered for up to 0.3 CEU's. Approval number PTPR015459 with the PA PT Board; DE and VA PT boards accept PA Board approval. Course completion is dependent on full attendance of three hours, survey and Post-test completion with 80% pass rate.

Theraplay Family of Companies is an ACT 48 Provider

This program is offered for 3 Act 48 contact hours. Course completion is dependent on full attendance of three hours, survey and post-test completion with 80% pass rate.