



Children's Mental Health: What We Know and Expect in a Post-Pandemic World

Distant Learning Interactive: Self Study • Offers 3 Contact Hours

Free to All Theraplay Family of Companies Employees

\$30 for Theraplay Family of Companies Contractors • \$89 for Community Therapists

10% discount for all AOTA members

Available starting August 10, 2022

Registration Link: <https://theraplayinc.com/news-and-more/community-events/>

Course Description:

This presentation will look at common mental health diagnoses found in children ages 3-16. A special focus will be spent on looking at trauma and anxiety especially as it relates to what therapists are seeing in a post pandemic world. Participants will learn how to notice and support the diagnosis as well as support parents in getting proper care through careful and kind conversations.

Learning Objectives:

- Participants will be able to describe symptoms of common mental health diagnosis in the 3-16 year-old range.
- Participants will be able to recognize and analyze how some symptoms of trauma, anxiety and ADHD may be related and also different in an effort to support proper diagnosis and care.
- Participants will explain mental health trends as they relate to the COVID-19 Pandemic.
- Participants will be able to demonstrate conversational skills that promote meaningful connections with families in order to share supportive information such as resources and referral.

Course Outline:

Introduction of speaker and housekeeping items: 12:00 pm - 12:15 pm

Introduction to the training and special considerations (trauma discussion warning): 12:15 pm - 12:30 pm

Neurodevelopment in children and the role that trauma and anxiety play on the developing brain: 12:30 pm - 1:00 pm

Common mental health diagnosis found in childhood and the symptoms associated with them: 1:00 pm - 2:00 pm

Break: 2:00 pm - 2:15 pm

The role the pandemic has played on children's mental health: 2:15 pm - 2:45 pm

How to discuss concerns and referrals to support with families: 2:45 pm - 3:00 pm

Supporting ourselves when we are also experiencing a collective trauma: 3:00 pm - 3:15 pm

Questions and closing information: 3:15 pm - 3:30 pm

Presenter:



Erin J. Troup-Drebot
LPC, NCC, CT, IMH_E(IV)

Erin Troup is a Licensed Professional Counselor and the owner of Sprout Center for Emotional Growth and Development, LLC a private practice in Pittsburgh, PA specializing in early childhood social emotional needs, particularly attachment, grief and loss, trauma and anxiety. After leaving the Harrisburg area to pursue her passion for the work with children and families, Erin earned her undergraduate degree in psychology and child development from Indiana University of Pennsylvania. She attended Chatham University for her MS in counseling and earned her Infant Mental Health Certificate in Pennsylvania's first Infant Mental Health cohort.

Erin has worked in the fields of Mental Health, Early Intervention and Behavioral Health service for over 15 years. She has presented on a variety of topics including mental health, grief and loss, social emotional and child development throughout the United States, but she calls Pittsburgh, Pennsylvania home. She is the board secretary for The Pennsylvania Association for Infant Mental Health and a member of The Association for Death Education and Counseling. Erin also provides clinical and reflective supervision for individuals seeking licensure and infant mental health endorsement.

Presenter Disclosure Statements:

Relevant Financial Relationships:

Erin J. Troup-Drebot has been paid for this presentation. Erin will reference her place of employment and actual case studies while adhering to HIPAA regulations in the presentation.

Relevant Non-Financial Relationships:

Erin J. Troup-Drebot has no non-financial relationships to disclose.

Privacy Policy:

Any and all personal information regarding each attendee will not be disclosed. Summaries of continuing education information will be sent to the individual, upon their written request.

ADA:

If you require ADA accommodations please contact Sandra L. Wilde-Sutton OTR/L, Senior Educational Coordinator, ssutton@theraplayinc.com, at least two weeks prior to the workshop date so arrangements can be made.

Cancellation Policy/Refund Policy:

In the event that a course is canceled or rescheduled by the Theraplay Family of Companies, all registrants will be entitled to a full refund. If a participant cancels within 30 days of a course, the participant will be entitled to a refund, minus a \$25.00 registration fee. If the cancellation is made less than 30 days to the course date, the participant will be entitled to a credit to a future course for the full amount of the course.

Complaint Policy:

If a participant is not satisfied with a course, the participant can issue a complaint to Sandra L. Wilde-Sutton OTR/L, Senior Educational Coordinator, ssutton@theraplayinc.com and consideration will be made regarding a refund or credit.



American
Occupational Therapy
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Approved Provider

Theraplay Family of Companies is an AOTA Approved Provider of professional development. PD activity approval #0000004860. This Distance Learning—Interactive is offered at 0.3 CEUs, Intermediate level, Professional Issue Occupational Therapy Service Delivery. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



ASHA CE
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Intermediate Level
0.3 ASHA CEUs

Course completion is dependent on full attendance of three hours, post-test with 80% pass rate and survey completion.

PT

This program is offered for up to 0.3 CEU's approval from the PA PT Board approval; DE and VA PT boards accept PA Board approval. Course completion is dependent on full attendance of three hours, survey and post-test completion with 80% pass rate.

Theraplay Family of Companies is an ACT 48 Provider

This course is offered for 3 Act 48 contact hours. Course completion is dependent full attendance of three hours, post-test and survey completion.