

Idiopathic Toe Walking: An In-Depth Discussion

Live Webinar

**Webinar will offer 2 contact hours free to all Theraplay Family of Companies employees
Just \$30 for all Theraplay Family of Companies Contractors
\$89 for all Community Therapists**

Offered as a Live Webinar October 10, 2021 • 11 am to 1:10 pm EST

Link to register: https://zoom.us/webinar/register/WN_sySjQXJCQsaZTNAAYLdrOw

Course description:

This course will provide an evidence-based approach to the etiology, evaluation, referral process and treatment of idiopathic toe-walking in the pediatric population. You will recognize the importance of early referrals and be able to document appropriately to justify physical therapy services to prevent the long-term impacts of unresolved toe walking. This course will assist you in recognizing red flags to lead to appropriate referrals to other medical professionals in order to assist in normalizing the gait pattern in your patients. You will learn to develop appropriate interventions based upon accurate examination of each child's unique etiology. This course will improve your confidence with the ability to educate families to prepare them for successful discharge planning.

Learning objectives:

- Identify key objective and functional measures to incorporate in a comprehensive evaluations of toe walkers
- Analyze functional movements and identify the compensations to be addressed in a comprehensive plan of care
- Show an understanding of typical gait pattern development, identify and document anomalies of gait in toe walkers
- Gain knowledge to apply evidenced based practices within treatment intervention in both home and outpatient settings
- Recognize the factors that indicate need of referral to other healthcare providers
- Establish functional and measurable goals to address family concerns
- Identify "red flags" that would predict an appropriate referral to occupational therapy
- Formulate appropriate guidelines for discharge from services

Course Outline:

There will be a 10 minute break during this presentation.

Introduction to ITW/normal development - 10 minutes

Evaluation and plan of care - 30 minutes

Gait pattern analysis - 10 minutes

Sensory and occupational therapy - 10 minutes

10 minute break

Referrals - 15 minutes

Treatment - 30 minutes

Discharge/family education - 15 minutes

Presenter: Jessica Shultz DPT, PCS



Jessica Graduated from Gannon University's Doctor of Physical Therapy Program in 2009 and started her career at Positive Steps Therapy the same year. Jessica has explored various realms of the pediatric therapy world working in early intervention, outpatient, and school-based settings. In 2013 Jessica furthered her education by completing the process to obtain the title of Pediatric Certified Specialist through the APTA. Jessica became the Physical Therapy Department Mentor for Positive Steps in 2015 working with PT staff across 7 locations on development, mentoring, and new employee orientation. Jessica has also enjoyed providing educational experiences as a clinical instructor to local DPT programs as well as a residency mentor and adjunct lecturer for the Saint Francis Pediatric Residency Program.

Presenter Disclosure Statements:

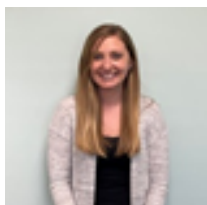
Relevant Financial Relationships:

Jessica is an employee of Positive Steps Therapy and receives a salary from Positive Steps Therapy. She will reference her place of employment and actual case studies while adhering to HIPAA regulations in her presentation.

Relevant Non-Financial Relationships:

Jessica has no further non-financial relationships to disclose.

Presenter: Kylee Louis, PT, DPT



Kylee earned her doctoral degree in Physical Therapy from Gannon University in 2014. and started her career at Positive Steps therapy the same year. In 2018, she became the Center Manager at PST's Moon location. Kylee has worked in both the outpatient and Early Intervention settings and has lectured for the Slippery Rock University DPT program. She has served as a Clinical Instructor for various PT and PTA students.

Presenter Disclosure Statements:

Relevant Financial Relationships:

Kylee is an employee of Positive Steps Therapy and receives a salary from Positive Steps Therapy. She will reference her place of employment and actual case studies while adhering to HIPAA regulations in her presentation.

Relevant Non-Financial Relationships:

Kylee has no further non-financial relationships to disclose.

Privacy Policy:

Any and all personal information regarding each attendee will not be disclosed. Summaries of continuing education information will be sent to the individual, upon their written request.

ADA:

If you require ADA accommodations please contact Sandra L. Wilde-Sutton OTR/L, Senior Educational Coordinator, ssutton@theraplayinc.com, at least two weeks prior to the workshop date so arrangements can be made.

Cancellation Policy/Refund Policy:

In the event that a course is canceled or rescheduled by the Theraplay Family of Companies, all registrants will be entitled to a full refund. If a participant cancels within 30 days of a course, the participant will be entitled to a refund, minus a \$25.00 registration fee. If the cancellation is made less than 30 days to the course date, the participant will be entitled to a credit to a future course for the full amount of the course.

Complaint Policy:

If a participant is not satisfied with a course, the participant can issue a complaint to Sandra L. Wilde-Sutton OTR/L, Senior Educational Coordinator, ssutton@theraplayinc.com and consideration will be made regarding a refund or credit.

PT

This program is offered for to 0.2 CEU's and is pending PA PT Board approval; DE and VA PT boards accept PA Board approval. Course completion is dependent on full attendance of two and a half hours, survey and Post-test completion with 80% pass rate.